

CANADORE COLLEGE MENTAL HEALTH AND WELL BEING POLICY ANNUAL REPORT

REPORT CYCLE: 2025 Annual Report

BACKGROUND:

Canadore College maintains a suite of mental health supports and services in support of learner success, healthy campus communities and to realize the goals of the Canadore College Mental Health and Well-being Policy. Canadore is required through a binding policy directive from the provincial government to report annually on the effective implementation of the policy and related outcomes. This report is presented to the Board of Governors and posted publicly on the college website by January 31 of each year.

ANNUAL OUTCOMES:

Canadore College updated its Mental Health and Well-being Policy in January 2025 through a Board of Governors resolution. The policy commits to fostering an environment of inclusion, destigmatizing mental health and creating activation points for learners to engage with student mental health supports and services.

The policy is posted on the Canadore College website and is publicly available. A comprehensive suite of mental health supports and services are available to all learners, at no cost, supplemented by external services which may be accessed at times at no cost, with others provided under a fee for service model.

Mental Health supports and services are available at all campus locations and include a series of unique and varied approaches including access to an Indigenous Counsellor, peer-to-peer support groups and networks, enhanced student benefits packages that include provision for mental health services, dedicated triage and navigation specialists and outreach activities. These are provided both in person and through technology supported interfaces to provide support in a timely manner.

The College is also engaged in the renewal of the Campus Mental Health and Well-being Strategy, slated for completion by March 2026. Feedback and survey results indicate that Canadore is a welcoming and supportive institution, grounded in a commitment to learner mental health. Key areas for action include additional communication and linkages between departments providing services, ongoing training for college staff, and improved connection between service and academic interfaces.

The Mental Health and Well-being Policy can be accessed at: [B-38 Mental Health Policy-24.pdf](#)

Mental Health and Well-being Resources can be accessed at: [Mental Health Services - Canadore College](#)

Canadore College is in compliance with policy outcomes and scope for the year 2025.